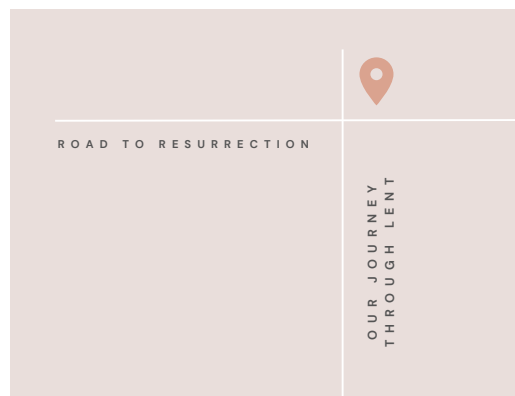




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Road to Resurrection



Road to Resurrection

our journey through great lent

Journey to Strengthen my Union with the Bridegroom

- “Scarcely had I passed by them, **when I find the one I love. I held him and would not let him go** –Song of Solomon 3:4

Live with the Destination in Mind

- Alexander Schmemmann, “When a man leaves on a **journey**, he must know where he is going. Thus the Great Lent is a spiritual journey and its destination is the **Resurrection**, the Feast of Feasts.”

Are you ready to take this Road Trip to the Resurrection?



PREP WEEK: PREPARING FOR THE ROAD TRIP...

SECRET LIFE: UNCOVER & REDISCOVER

- St. Isaac the Syrian, *Words are an instrument of this world, but silence is a mystery of the age to come.*
- **Prep Week Action Item:** Make a commitment this upcoming prep week to enter your room and close the door and be alone with Him for 20 minutes each day.



PIT STOP #1 – HEAVENLY PERSPECTIVE

- “**But seek the Kingdom of God and His righteousness, and all these things shall be added to you**” –Matt 6:33
- Being too focused on my problems makes me lose track of the **priority**.
- **Pit Stop #1 Action:** What baggage and distractions do I need to leave at this stop, so I can maintain the Heavenly perspective of seeking Him first?



PIT STOP #2 – RESILIENCE

- It is our **response** to temptation that determines whether it will help us or hurt us.
- **Resilience** is responding well to adversity so that we can withstand it and recover from it.
- **Pit Stop #2 Action:** When faced with temptation hold on to Christ by responding well when facing temptation. Write down healthy ways that you can respond to temptation.

PIT STOP # 3 – METANOIA

- “And do not be conformed to this world, but be transformed by the **renewing of your mind**, that you may prove what is that good and acceptable and perfect will of God.” –Romans 12:2
- Metanoia is an **essential step** in having a renewed mind and attitude to continue our journey.
- **Pit Stop #3 Action:** Sit with yourself and with Spiritual father and pin point one main sin that hurts you in your mind that you will continue to fast and pray and repent of during this journey.

PIT STOP #4 – MERCY

- “Mercy triumphs over Judgement” –James 2:13
- **Pit Stop #4 Action:**
 - Accept the Mercy from God for your sin that you confessed/repented.
 - Be Merciful on yourself. Don't be stuck in guilt.
 - Give Mercy to others (i.e. do a charitable act for someone in great need)

PIT STOP #5 – HOPE

- Christ's Words are hopeful and we must **inject** it daily through our reading of the Scripture.
- **Pit Stop #5 Action:** Think of one situation that you are losing hope in now. Then write one verse that brings you hope and read and meditate on it all week.

PIT STOP #6 – ILLUMINATION

- St. John Chrysostom says, “As a lamp lights the whole house, so the light of faith illuminates the whole soul”
- **Pit Stop # 6:** Pray these 2 prayers from the Bible
 - “For You are my lamp, O Lord; The Lord shall **enlighten** my darkness.” –2 Samuel 22:29
 - *Consider and hear me, O Lord my God; **Enlighten** my eyes, Lest I sleep the sleep of death;* –Psalm 13:3

PIT STOP #7 – INTENTIONAL

- “I have been crucified with Christ; it is no longer I who live, but Christ lives in me” –Galatians. 2:20
- **Pit Stop # 7:** Be intentional to sit with God every morning first. Be Intentional to serve God. Be Intentional to live the life of repentance and purity. Be Intentional in daily decisions that should never separate you from your Bridegroom

THAT I MAY KNOW HIM AND THE POWER OF HIS RESURRECTION, AND THE FELLOWSHIP OF HIS SUFFERINGS, BEING CONFORMED TO HIS DEATH, PHILIPPIANS 3:10



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