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STSA.CHURCH/THEWELL

HEALING HUR+S

And you will seek Me and find Me, when you search for Me with all your heart

HEALING HUR+S

PT. 1 | THE JOURNEY TO HEALING

+ LENT IS A JOURNEY TOWARDS HEALING.

“He who has the Son has life; he who does not have the Son of God does not have life.” 1 John 5:12

“All souls that are distressed or bound, give them mercy. O Lord give them rest, give them coolness, give them grace, give them help, give them salvation, give them the forgiveness of their sins and their iniquities. As for us also, O Lord, the maladies of our souls heal, and those of our bodies too, do cure. O You, the true Physician of our souls and our bodies, the Bishop of all flesh, visit us with Your salvation.” Excerpt from the Litany of the Sick

“Those who are well have no need of a physician, but those who are sick. I did not come to call the righteous, but sinners, to repentance.” Mark 2:17

+ HEALED ISN'T THE SAME AS “NOT SICK”.

“My ears had heard of you but now my eyes have seen you.” Job 42:5

+ HEALING COMES FROM FINDING THE HEALER IN OUR CIRCUMSTANCES.

KEY VERSE

“And you will seek Me and find Me, when you search for Me with all your heart.” Jeremiah 29:13

+ First Step to Healing: SET A GOAL

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.” Matthew 6:19-21

“But seek first the kingdom of God and His righteousness, and all these things shall be added to you.” Matthew 6:33

“Therefore whoever hears these sayings of Mine, and does them, I will liken him to a wise man who built his house on the rock: and the rain descended, the floods came, and the winds blew and beat on that house; and it did not fall, for it was founded on the rock.” Matthew 7:24-25

“Break up your fallow ground, for it is time to seek the LORD, till He comes and rains righteousness on you.” Hosea 10:12

“Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me.” Revelation 3:20

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PT. 2 | HUMILITY

“Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.” Matthew 4:1

“If You are the Son of God, command that these stones become bread.” But He answered and said, “If You are the Son of God, command that these stones become bread.” But He answered and said, “It is written, Man shall not live by bread alone, but by every word that proceeds from the mouth of God.” “...If You are the Son of God, throw Yourself down. For it is written: He shall give His angels charge over you...Jesus said to him, “It is written again, You shall not tempt the LORD your God.” Matthew 4:3-7

**+ OUR JOURNEY TOWARDS HEALING MUST
BEGIN WITH _____**

I am a _____

AND

I am a _____

“This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief.” 1 Timothy 1:15

“Behold what manner of love the Father has bestowed on us, that we should be called children of God!” 1 John 3:1

“Repent, therefore, my child; you will see him who is gentle, our Lord Jesus Christ, his face full of joy for you, like a nursing mother whose face is full of joy for her child. When he raises his hands and face to her, even if he is full of all kinds of uncleanness, she does not turn away from that bad smell and excrement but takes pity on him and lifts him up and presses him to her breast, her face full of joy, and everything about him is sweet to her. If, then, this created person has pity for her child, how much greater is the love of the creator, our Lord Jesus Christ, for us!” St. Macarius

+ Continually remind myself that I am the _____ not the _____

+ Don't be quick to dismiss _____

+ Don't be afraid to _____ your sins

To some who were confident of their own righteousness and looked down on everyone else, Jesus told this parable: “Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood by himself and prayed: ‘God, I thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector. I fast twice a week and give a tenth of all I get.’ “But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, ‘God, have mercy on me, a sinner.’ “I tell you that this man, rather than the other, went home justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.” Luke 18:10-14

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PT. 3 | HONESTY

KEY VERSE

“And you will seek Me and find Me, when you search for Me with all your heart.” Jeremiah 29:13

+ Healing comes from finding the Healer in our circumstances.

“Search me, O God, and know my heart; try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting.” Psalm 139:23-24

+ I NEED TO BE HONEST ABOUT MY TRUE SPIRITUAL CONDITION.

“Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings. And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.” Genesis 3:7-8

+ GOD WON'T HEAL WHAT I WON'T ADMIT.

The Parable of the Prodigal Son

see Luke 15:11-24

“But when he came to himself, he said, ‘How many of my father’s hired servants have bread enough and to spare, and I perish with hunger! I will arise and go to my father, and will say to him, “Father, I have sinned against heaven and before you, and I am no longer worthy to be called your son. Make me like one of your hired servants.”’ Luke 15:17-19

“LORD, who may dwell in your sanctuary? Who may live on your holy hill? He whose walk is blameless and who does what is righteous, who speaks the truth from his heart.” Psalm 15:1-2

WHEN EXAMINING YOUR HEART, REMEMBER THAT...

+ 1. NO SICKNESS IS TOO BIG TO HEAL

**+ 2. NO SICKNESS IS TOO SMALL TO
IGNORE**

“Catch us the foxes, the little foxes that spoil the vines.” Songs 2:15

“God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth... If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

1 John 1:5-9

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PT. 4 | REPENTANCE

KEY VERSE

“And you will seek Me and find Me, when you search for Me with all your heart.” Jeremiah 29:13

+ Repentance is a change of MIND

This man is a **Jew** in John 4:9

He is a **prophet** in John 4:19

He is the **Messiah** in John 4:25-26

KEY POINT

Change of Mind happens in the presence of God

+ Repentance is a change of BEHAVIOR

“Therefore bear fruits worthy of repentance.” Matthew 3:8

+ Repentance then becomes a LIFESTYLE

“For Godly sorrow **produces repentance** leading to salvation”
2 Corinthians 7:10

Remember this about repentance...

- + Whatever God does He does out of love**
- + Best time to respond is at the moment of conviction**
- + God never asks anything of us without providing the grace to do it.**

And He said to me, “**My grace** is sufficient for you, for My strength is made perfect in weakness.” 2 Corinthians 12:9

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PT. 5 | GRACE

“God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work.”

2 Corinthians 9:8

+ Grace is the power of God in our lives.

“And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world...and were by nature children of wrath, just as the others. But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), and raised us up together, and made us sit together in the heavenly places in Christ Jesus, that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.”

Ephesians 2:1-9

+ Grace is NOT giving us what we deserve, and then giving us what we could NEVER earn.

“But where sin abounded, grace abounded much more.” Romans 5:20

“Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.” The man departed and told the Jews that it was Jesus who had made him well. For this reason the Jews persecuted Jesus, and sought to kill Him, because He had done these things on the Sabbath.” John 5:14-16

“God never reveals a sickness that He isn't ready to heal by grace.”

HOW DOES GRACE WORK?

+ God's grace is UNDESERVED, but it is not UNCONDITIONAL.

“A man by himself working and toiling at freedom from sinful desires achieves nothing. But if he plainly shows himself to be very eager and earnest about this, he attains it by the addition of the power of God. God works together with willing souls. But if the person abandons his eagerness, the spirit from God is also restrained. To save the unwilling is the act of one using compulsion; but to save the willing, that of one showing grace.” St. Clement of Alexandria, 190 AD

“Human effort is profitless...without help from above, but no one receives such help unless he himself chooses to make an effort. We need always both things, we need the human and the divine, ascetic practice and spiritual knowledge...” St. Peter of Damascus, 750 AD

“Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.” Ephesians 3:20

“Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong.” 2 Corinthians 12:8-10

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PT. 6 | OBEDIENCE

“Now as Jesus passed by, He saw a man who was blind from birth. And His disciples asked Him, saying, “Rabbi, who sinned, this man or his parents, that he was born blind? Jesus answered, “Neither this man nor his parents sinned, but that the works of God should be revealed in him. I must work the works of Him who sent Me...When He had said these things, He spat on the ground and made clay with the saliva; and He anointed the eyes of the blind man with the clay. And He said to him, “Go, wash in the pool of Siloam” ...So he went and washed, and came back seeing. Therefore, the neighbors and those who previously had seen that he was blind said, “Is not this he who sat and begged?” ...He said, “I am he.” Therefore, they said to him, “How were your eyes opened?” He answered and said, “A Man called Jesus made clay and anointed my eyes and said to me, ‘Go to the pool of Siloam and wash.’ So I went and washed, and I received sight.” John 9:1-11

“But observe the mind of the blind man, obedient in everything. He did not say, “If it is really the clay or the spit which gives me eyes, what need is there of Siloam? Or if there is need of Siloam, what is the need of the clay?... But he entertained no such thoughts, he held himself prepared for one thing only, to obey in all things Him who gave the command...”

St. John Chrysostom

**+ A LIFE OF _____ IS THE
_____ FOR HEALING**

STEP 1

I MUST _____ THE _____ OF THE COMMAND

“The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy...The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes... They are more precious than gold, than much pure gold; they are sweeter than honey... By them your servant is warned; in keeping them there is great reward.” Psalm 19:7-11

STEP 2

+ I must _____ the command

“But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; for he observes himself, goes away, and immediately forgets what kind of man he was. But he who looks into the perfect law of liberty and continues in it...this one will be blessed in what he does.” James 1:22-25

STEP 3

**+ Aim to obey _____ and with a
_____ heart.**

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” Matthew 11:28-30

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