



The Well

an ordinary place
where extraordinary
things happen

STSA.CHURCH/THEWELL



Daily Structured Prayer

SUMMER PACKING LIST - PART 1

In any area of life, growth requires consistency.

And consistency requires discipline.

"Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand." Ephesians 6:10-13



Discipline #1: Daily Structured Prayer

SET TIMES (_____ TO PRAY)

SET WORDS (_____ TO PRAY)

see Exodus 29:38-42

Structured prayer provides _____
and _____.

"Spontaneous prayer is possible in two situations: either at moments when we have become vividly aware of God...or when we become suddenly aware of the deadly danger in which we are when we come to God. Now if we imagine that we can sustain spontaneous prayer throughout our life, we are in childish delusion. Spontaneous prayer must gush out of our souls, we cannot simply turn on a tap and get it out. It comes from the depth of our soul, from either wonder or distress, but it does not come from the middle situation in which we are neither overwhelmed by the divine presence nor overwhelmed with a sense of who we are and the position in which we are. So at those moments to try to use a spontaneous prayer is a completely illusory exercise."

Anthony Bloom, Beginning to Pray

Structured prayer allows you to focus on the _____,
not the _____.

"O God, You are my God, earnestly I seek you; my soul thirsts for You, my body longs for You. In a dry and weary land where there is no water." First hour prayer, Psalm 62

5x5 Agpeya Challenge: 5 minutes/day, 5 days/week

"But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord." 2 Corinthians 3:18

We overestimate what prayer will do in the short term (day).
**We underestimate what it will do in the long term
(week/month/year).**



Agpeya Guide

Answer key: when, what, consistency, balance, meaning, words

Welcome

Whether you're just visiting or looking to stay, it's great to have you with us!

COFFEE'S ON US

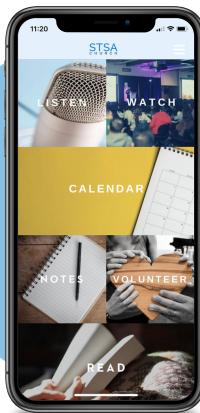
Enjoy a hot cup of coffee and snacks.

WE'D LOVE TO MEET YOU

Stop by the Connection Table so we can get to know each other and pick up your welcome gift.

FILL YOUR BUCKET

The Well and Sunday school runs for one hour with an inspiring message.



EVERYTHING IN ONE SPOT

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- Catch up on Sermons & The Well
- Calendar, Notes, and more!

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