

SUNDAY SCHOOL

bringing an ancient faith to our kids' modern world

WELCOME

Welcome to Sunday School at STSA! Here at STSA we LOVE kids and have programs for children in preschool to high school. We're so happy you found us and we hope to share with you a little about what we are doing to help our kids and youth grow closer to God.

At STSA, our mission is to bring our ancient faith to a modern world. What that means for our Sunday School program is that everything we do for kids and youth is aimed at **bringing an ancient faith to our kids' modern world**. With that big picture in mind, we broke down this mission into three realistic goals:

We want all our kids and youth to . . .

- 1. be rooted and grounded in the love of Christ
- 2. experience the beauty and relevance of the Orthodox church
- 3. be fully engaged in the life of the church for their entire lives.

We focus all our prayers and efforts on these goals for our kids. It's only by the grace of God that He will accomplish this in our kids, but we must be faithful to do what He's called us to do.

He has called us, the parents, to be the primary educators of our children's spiritual lives and, as daunting as that may seem, take comfort in knowing that your church family is here to support and encourage you.

Our vision for Sunday School at STSA has always been based on the fact that YOU, THE PARENT, are the most influential person in your child's life--not their peers, their school teachers or even their Sunday School teachers. We, as Sunday School teachers and volunteers, can't out-teach what you teach at home. We simply don't have enough time with your kids. Our lessons are meant to plant seeds that are daily nurtured by you, the parents. We are here to support and encourage you as you fulfill your highest calling—the spiritual education of your children.

Of all the holy works, the education of children is the most holy.

-St. Theophan the Recluse

In the following pages, you'll find an overview of our Sunday School program and resources for you and your family as we set out to bring an ancient faith to our kids' modern world. Along with these resources, we will update all Sunday School registrants with a weekly email newsletter that includes information on lessons, events, activities and, most importantly, some encouragement for you.

We hope that you and your family continue to grow in Christ here at STSA. Welcome home!

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OVERVIEW

Here at STSA we LOVE kids and have programs for preschoolers to high schoolers.



Our preschool program, Tim's Tots, is a child's wonderful introduction to Sunday School. We use an early childhood curriculum to teach relevant Bible truths. Each lesson teaches engaging Bible stories that transfer to true life application. Kids love the interactive lessons, fun Bible adventures, songs and stories. We teach basic Orthodox concepts using a Turtle Time stories which were written just for our little ones.



The next older group is referred to as Kids at The Well and is designed for children in elementary school. Lessons incorporate music, comedy, videos, saint stories, Orthodox concepts and the Bible in a unique way to spark the discovery and creativity in the heart of each child. The curriculum is designed to shape identity through planting these truths in the heart of every elementaryaged child: I can trust God no matter what, I need to make wise choices, I should treat others the way I want to be treated.



Our Middle and High Schoolers make up The Wave, a Sunday School program that is aimed at raising the next generation of Christian leaders who bring an ancient faith to their modern world. The Wave is where we build up our teens to become the tidal wave that will turn our world upside down with the love of Christ! Lessons are aimed at equipping your teen for the amazing adventure that God has called them to live out.

RESOURCES EXPLAINED

How do we help our kids achieve these three long-term goals from the time they are toddlers to the time they graduate high school? First, we look at what is age-appropriate for each phase of a child's life so we can be realistic with our expectations.

With age-appropriate expectations and our goals in mind, we developed two sets of resources for parents: Phase Guides and Milestones.

- Phase Guides are one-page guides for each year in a child's life that helps parents understand how best to teach and communicate spiritual principles to their child at this phase.*
- Milestones are short-term goals that our kids can work toward at each phase in their spiritual development.
 Milestones are not meant to be a checklist but are aimed at providing parents a suggestion of what to focus on teaching them at that age.

You'll find phase guides and milestones for each age in the pages that follow. We hope these resources will be a blessing to you and your family!



PHASE GUIDES

guides to teach spiritual principles to kids at every age

TWO-YEAR-OLD

THE PHASE WHEN NOBODY'S ON TIME, EVERYTHING'S A MESS, AND ONE EAGER TODDLER WILL INSIST, "I CAN DO IT."

EMBRACE

PHYSICAL NEEDS

Your two-year-old's changing ability is a crisisfor you, and for them. This is a season filled with uncertainty, imperfection, and even failure as they struggle to keep up with all their newly developing skills. The way you consistently meet their needs, engage their senses, and provide discipline will help them develop confidence.

TEACH

SO THEY WILL KNOW GOD IS REAL

Your two-year-old listens to your words. So this phase is the perfect time to teach them about the reality of God by talking, singing, and praying together with your toddler. Begin by simply incorporating faith into your daily routines. Pray before meals. Show them that God is real and a real part of your daily lives.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMILY

Teach them that they are part of church—God's family. Encourage them to participate in the Liturgy as much as possible. Teach the sign of the cross. Name the saints depicted in icons. Explain the actions seen in Liturgy (going around the church with censer, kiss of peace, kneeling, etc.) Talk to them about the Gospel.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

GOD MADE ME . GOD LOVES ME. JESUS WANTS TO BE MY FRIEND FOREVER.

GOD, THANK YOU FOR ...
GOD, PLEASE HELP US ...
(Pray aloud while you are with your child)

JESUS LOVES ME. (Sing songs together.)

LET'S READ ABOUT HOW GOD MADE THE WORLD. LET'S READ ABOUT CHRISTMAS. LET'S READ ABOUT EASTER. (Read a few Bible stories with pictures.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Set the mood for the day.
Smile. Greet them with words
of love.

CUDDLE TIME

Be personal. Spend one-onone time that communicates love and affection.

DRIVE TIME

Reinforce simple ideas. Talk to your toddler and play music as you go.

BATH TIME

Wind down together.
Provide comfort as the day draws to a close.

THREE-YEAR-OLD

THE PHASE WHEN ANYTHING CAN BE IMAGINED, EVERYTHING CAN BE A GAME, AND ONE CURIOUS PRESCHOOLER WANTS TO KNOW, "WHY?"

EMBRACE

PHYSICAL NEEDS

Life for your three-year-old can be confusing. It's okay to throw a ball, but not a rock. You can hug your friend, but not squeeze his neck. Your three-year-old is learning the rules for life and encountering some necessary discipline. The way you consistently meet their needs, engage their senses, and provide discipline will help them develop self-control.

TEACH

SO THEY WILL KNOW GOD IS REAL

Your three-year-old has many questions. Some might be about creation, heaven, church, & the Bible and some of their questions might already be hard to answer. Don't panic. Just like other topics, answer faith questions, as simply as possible. If they need to ask more, they will. At this phase, the goal is help them know that God is real and that He loves them.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMILY

Talk to them about what they see in Liturgy. Teach them easy Liturgy responses like "Lord have mercy." Teach them simple prayers like the Lord's Prayer. Pray before meals & at bedtime. Talk to them about the Gospel.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE

GOD MADE YOU. GOD LOVES YOU. JESUS WANTS TO BE YOUR FRIEND FOREVER.

CAN YOU SHOW ME YOUR ADVENTURE BOOK FROM SUNDAY SCHOOL? (Check out the back of the weekly Adventure Book to help you talk about what your preschooler learned at church.)

CAN YOU LET YOUR FRIEND HAVE A TURN? (Prompt them to share.)

ISN'T THAT WONDERFUL? LET'S THANK GOD FOR IT. (Teach them "Our Father")

ARE YOU SCARED? LET'S TALK TO GOD ABOUT IT.

WITH GOD ALL THINGS ARE POSSIBLE. (Repeat simple Bible verses.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Set the mood for the day. Smile. Greet them with words of love. Teach them to thank God for a new day.

CUDDLE TIME

Be personal. Spend one-on-one time that communicates love and affection.

DRIVE TIME

Reinforce simple ideas. Talk to your toddler and play music as you go. Teach Bible verses and stories through songs.

BATH TIME

Wind down together. Provide comfort as the day draws to a close.



FOUR-YEAR-OLD

THE PHASE WHEN ANYTHING CAN BE IMAGINED, EVERYTHING CAN BE A GAME, AND ONE CURIOUS PRESCHOOLER WANTS TO KNOW, "WHY?"

EMBRACE

THEIR PHYSICAL NEEDS

Life for your four-year-old can be confusing. It's okay to throw a ball, but not a rock. You can hug your friend, but not squeeze his neck. Your four-year-old is learning the rules for life and encountering some necessary discipline. The way you consistently meet their needs, engage their senses, and provide discipline will help them develop self-control.

TEACH

SO THEY WILL KNOW GOD IS REAL

Your four-year-old has many questions and some are difficult to answer. Don't panic. Just like other topics, answer faith questions, as simply as possible. If they need to ask more, they will. Your goal at this phase is to make sure they know God is real and He loves them.

ENGAGE

THEM IN LITUGY SO THEY WILL LOVE GOD'S FAMILY

Teach them easy Liturgical responses such as the Trisagion hymn and Amen, Amen, Amen. Encourage them to participate in Liturgy. Teach them about the the Sacraments of Communion and Baptism. Tell them simple saint stories. Have them listen to the readings and talk to them about the Gospel.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE

GOD MADE YOU. GOD LOVES YOU. JESUS WANTS TO BE YOUR FRIEND FOREVER.

CAN YOU SHOW ME YOUR ADVENTURE BOOK FROM SUNDAY SCHOOL? (Check out the back of the weekly Adventure Book to help you talk about what your preschooler learned at church.)

CAN YOU HELP ME CARRY THESE SOCKS? (Prompt them to help.)

ISN'T THAT WONDERFUL? LET'S THANK GOD FOR IT.

ARE YOU SCARED? LET'S TALK TO GOD ABOUT IT.

DON'T BE AFRAID FOR THE LORD YOUR GOD IS WITH YOU. (Repeat simple Bible verses.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Set the mood for the day.

Smile. Greet them with words

of love.

CUDDLE TIME

Be personal. Spend one-onone time that communicates love and affection.

DRIVE TIME

Reinforce simple ideas. Talk to your toddler and play music as you go.

BATH TIME

Wind down together.
Provide comfort as the day
draws to a close.



MILESTONES

short-term goals that our kids can work toward at each phase in their spiritual development



THREE-YEAR OLD MILESTONES

At this age, we want children to know that God is real and living. Our goal is to have each child learn how to make the sign of the cross and memorize the Lord's Prayer. When they pray in the morning, at bedtime and before meals and then also during Liturgy, it will help them realize that the God they talk to at home is the same God we all worship in Liturgy and that He is real, alive and loves them. Here are a few goals to work on during these years.

SIGN OF THE CROSS

LORD'S PRAYER



FOUR-YEAR OLD MILESTONES

At this age, we want children to know that God is real and living. We also want to begin to help them feel connected to the Body of Christ and to begin to encourage knowledge of their faith. Young kids are quick to learn to song so we will leverage the beauty of liturgical hymns to help them grow in their faith. Encourage your kids to learn to sing the Trisagion and the Amen, Amen, Amen response during Liturgy.

TRISAGION HYMN

AMEN, AMEN, AMEN



Elementary

PHASE GUIDES

guides to teach spiritual principles to kids at every age

KINDERGARTEN

THE PHASE WHEN UNFILTERED WORDS MAKE YOU LAUGH, SCHOOL DROP-OFF MAKES YOU CRY, AND LIFE BECOMES A STAGE WHERE YOUR KID SHOUTS, "LOOK AT ME!"

ENCOURAGE

SO THEY LEARN TO TRUST GOD

School is a crisis. Your now-elementary-school kid is adjusting to big changes, whether it's bus rides or lunch lines or new routines. But the stress of change can also be a platform for discovery and growth. The way you answer their questions, listen to their stories, and show up consistently will help them improve their abilities.

TEACH

SO THEY LEARN THAT GOD IS REAL

Your kindergartner is quickly learning the habits and routines that make your family work. Make church a priority, but don't let it be the only time you talk about faith. Talk about God as you go about your day. Incorporate Him in the reality of day-to-day life so they know He is real.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMILY

Teach them about the saints and their lives. Encourage them to participate in the Liturgical responses such as the Trisagion hymn and Amen, Amen, Amen. Have them draw or color what they see and hear at church. Point out all the different ways we use our senses in Liturgy. Have them listen to the readings talk to them about the Gospel.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

YOU CAN TRUST GOD NO MATTER WHAT.

YOU NEED TO MAKE THE WISE CHOICE.

YOU SHOULD TREAT OTHERS THE WAY YOU WANT TO BE TREATED.

CAN YOU SHOW ME YOUR ADVENTURE BOOK FROM SUNDAY SCHOOL? (Check out the back of the weekly Adventure Book to help you talk about what your child learned at church.)

ISN'T THAT WONDERFUL? LET'S THANK GOD FOR IT. (Pray "Our Father" together.)

ARE YOU SCARED? LET'S TALK TO GOD ABOUT IT.

LET'S MAKE DINNER FOR MRS. PAULA. SHE DOESN'T FEEL WELL. (Involve them in serving friends and neighbors.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Instill purpose by starting the day with encouraging words & prayer.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations at the end of the day.



FIRST GRADE

THE PHASE WHEN UNFILTERED WORDS MAKE YOU LAUGH, SCHOOL DROP-OFF MAKES YOU CRY, AND LIFE BECOMES A STAGE WHERE YOUR KID SHOUTS, "LOOK AT ME!"

SHOW

YOUR INTEREST

Your first grader's schedule may be picking up pace—from bus rides to recreational sports to after-school programs. But with all the increasing opportunities to try new things, don't miss what your first grader needs most. The way you answer their questions, listen to their stories, and show up consistently will help them improve their abilities.

TEACH

SPIRITUAL PRACTICES SO THEY GROW IN CHRIST

Your first grader may be starting to read and enjoy books. So, this is a great year to purchase a kid's Bible. Read the Bible to them. Teach them the basics about the Bible—Old, New Testaments, Table of Contents, Chapter (big number)/Verse (small number), etc. Introduce them to the Sacrament of Confession and encourage them to try it.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMLY

Encourage them to learn liturgical hymns so they can engage in Liturgy. Challenge them to read their Bible and pray daily. Have them listen to the readings. Talk to them about the Gospel. Encourage regularly participating in the Sacrament of Communion and introduce them to the Sacrament of Confession.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

YOU CAN TRUST GOD NO MATTER WHAT.
YOU NEED TO MAKE THE WISE CHOICE.
YOU SHOULD TREAT OTHERS THE WAY YOU WANT TO BE TREATED.

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? (Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

ISN'T THAT WONDERFUL? LET'S THANK GOD FOR IT. (Pray together.)

ARE YOU SCARED? LET'S TALK TO GOD ABOUT IT.

LET'S TAKE A NEW BOOK TO YOUR FRIEND WHO STAYED AT HOME SICK TODAY. (Involve them in serving friends and neighbors.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Instill purpose by starting the day with encouraging words & simple prayers.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel. Play liturgical hymns and challenge them to learn them.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations.

SECOND GRADE

THE PHASE WHEN FAIRNESS MATTERS MOST, DIFFERENCES GET NOTICED, AND YOUR ENTHUSIASTIC KID THINKS ANYTHING, "SOUNDS LIKE FUN!"

SHOW

YOUR INTEREST

Your second grader is becoming increasingly self-aware—aware of their thoughts, aware of their abilities, and very aware of their mistakes. Even though your kid is gaining independence in some wonderful ways, don't miss the internal struggle of this phase. The way you answer questions, listen to their stories, and show up consistently will help you encourage their efforts.

TEACH

SPIRITUAL PRACTICES SO THEY GROW IN CHRIST

Your second grader may be starting to enjoy reading. So, this is a great year to encourage skills that will help them enjoy reading the Bible. Teach them the basics about the Bible—Old, New Testaments, Table of Contents, Chapter (big number)/Verse (small number), etc. Encourage them to read the Bible and pray daily. Encourage regular participation in the Sacrament of Confession.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMLY

Encourage them to learn liturgical hymns so they can participate in Liturgy. Have them listen to the readings. Talk to them about the Gospel. Have them follow along with the Liturgy on the screen or in a book. Encourage them to participate in the Sacrament of Communion weekly and introduce them to the Sacrament of Confession.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

YOU CAN TRUST GOD NO MATTER WHAT.
YOU NEED TO MAKE THE WISE CHOICE.
YOU SHOULD TREAT OTHERS THE WAY YOU WANT TO BE TREATED.

CAN WE PRAY ABOUT THAT TOGETHER?

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? (Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

I LOVE THAT YOU NOTICES HOW THEY ARE FEELING. WHAT COULD WE DO TO HELP? (Encourage them to act on their impulses to help others.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Instill purpose by starting the day with encouraging words & Lord's Prayer.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations.



THIRD GRADE

THE PHASE WHEN FAIRNESS MATTERS MOST, DIFFERENCES GET NOTICED, AND YOUR ENTHUSIASTIC KID THINKS ANYTHING, "SOUNDS LIKE FUN!"

SHOW YOUR INTEREST

Your third grader is keen for comparison. They love to compare movies, sports, teams, ice cream flavors . . . and people. This tendency often leaves kids wondering just how well they measure up. The way you answer their questions, listen to their stories, and show up consistently will help you encourage their efforts.

TEACH

SPIRITUAL PRACTICES SO THEY GROW IN CHRIST

As your third grader gains more independence, this is a great year to encourage quiet time. Help them develop a habit of spending time alone with God in prayer and His Word. Teach them how to pray using the Book of Hours and to start memorizing some simple Psalms, like Psalm 1. Read the same book of the Bible together and share your thoughts with each other. Encourage them to participate in the Sacrament of Confession and associate it with a fun event afterward so they learn to look forward to this as a great blessing.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMLY

Challenge them to read the Sunday readings in advance. Encourage them to learn liturgical hymns so they can participate in Liturgy. Have them follow along with the readings. Talk to them about the Gospel. Have them follow along with the Liturgy on the screen or in a book.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

YOU CAN TRUST GOD NO MATTER WHAT.

I'M NOT SURE WHERE THAT STORY IS. LET'S LOOK IT UP IN THE BIBLE TOGETHER.

YOU SHOULD TREAT OTHERS THE WAY YOU WANT TO BE TREATED.

CAN WE PRAY ABOUT THAT TOGETHER? (Teach them how to use the Book of Hours.)

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? (Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

DON'T EVER TIRE OF DOING THE RIGHT THING.

2 Thessalonians 3:13 (Repeat and memorize simple Bible verses together.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Instill purpose by starting the day with encouraging words & verses.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations. Pray & read the Bible as a family.

FOURTH GRADE

THE PHASE WHEN FRIENDS ARE BEST FRIENDS, GAMES ARE FOR COMPETITION, AND YOUR CONFIDENT KID WILL INSIST, "I'VE GOT THIS."

BUILD

THEIR CHURCH COMMUNITY

Your fourth grader can understand different points of view, empathize with others, and negotiate like a champ. That means one thing: Your influence is shifting. Your kid still needs you, but they are beginning to need you in a different way. If you want to engage their interests, then include peers, coach relational skills, and help your kid develop healthy friendships. Start investing in building your child's community at church. Consider hosting a leisure group to get your kids' friends together so they can develop deeper friendships.

TEACH

SPIRITUAL PRACTICES SO THEY GROW IN CHRIST

Fourth graders are often introspective and enjoy having some alone time. Leverage this new tendency to help them develop a habit of spending time alone with God reading His Word and praying. Continue having conversations about God at home. Encourage regular confession.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMLY

Explain the deeper meaning behind what they see in Liturgy (Father washes his hands to remind us to repent, we share stories about saints to inspire us to lead courageous lives for Christ, the censer is a symbol of the Virgin Mary, etc.). Encourage them to memorize a Psalm from the Book of Hours and recite in church. Have them listen to the readings and follow along. Talk to them about the Gospel. Have them follow along with the Liturgy on the screen or in a book.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

HAVING FAITH ISN'T ALWAYS EASY, BUT WE CAN ALWAYS TRUST GOD. WHAT DO YOU THINK IS THE WISEST CHOICE IN THIS SITUATION? WHAT CAN WE FOCUS OUR PRAYERS ON THIS WEEK? IF YOU WERE THEM, HOW DO YOU THINK YOU WOULD WANT TO BE TREATED?

HAVE YOU READ ANYTHING IN THE BIBLE THAT MEANS A LOT TO YOU RIGHT NOW? (Talk about the Bible.)

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? ((Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

DID YOU KNOW THAT MOST OF THE LITURGY IS TAKEN FROM THE BIBLE? (Connect the dots between Liturgy and the Bible to give a bigger context.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Model and encourage them to spend time alone with God each morning.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations each evening.



FIFTH GRADE

THE PHASE WHEN FRIENDS ARE BEST FRIENDS, GAMES ARE FOR COMPETITION, AND YOUR CONFIDENT KID WILL INSIST, "I'VE GOT THIS."

BUILD

THEIR CHURCH COMMUNITY

Your fifth grader can understand different points of view, empathize with others, and negotiate like a champ. That means one thing: Your influence is shifting. Your kid still needs you, but they are beginning to need you in a different way. If you want to engage their interests, then include peers, coach relational skills, and help your kid develop healthy friendships. Invest in building your child's community at church. Consider hosting a leisure group to get your kids' friends together so they can develop deeper friendships. Join neighborhood & life groups so your kids will build deeper friendships with others from church.

TEACH

SPIRITUAL PRACTICES SO THEY GROW IN CHRIST

Help them develop a habit of spending time alone with God. Continue having conversations about God at home. Encourage them to pray and read their Bible daily. Find a devotional for preteens. Encourage regular confession.

ENGAGE

THEM IN LITURGY SO THEY WILL LOVE GOD'S FAMLY

Explain the deeper meaning behind what they see in Liturgy (Father washes his hands to remind us to repent, we share stories about saints to inspire us to lead lives for Christ, the censer is a symbol of the Virgin Mary, etc.). Have them read the Sunday readings in advance. Encourage them to memorize the Prayer of Thanksgiving and Psalm 51.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

HAVING FAITH ISN'T ALWAYS EASY, BUT WE CAN ALWAYS TRUST GOD. WHAT DO YOU THINK IS THE WISEST CHOICE IN THIS SITUATION?

DO YOU HAVE ANY QUESTIONS ABOUT LITURGY?

IF YOU WERE THEM, HOW WOULD YOU WANT TO BE TREATED?

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? (Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

HAVE YOU READ ANYTHING IN THE BIBLE THAT MEANS A LOT TO YOU RIGHT NOW? (Talk about the Bible.)

DON'T EVER TIRE OF DOING WHAT IS RIGHT. 2 Thessalonians 3:13 (Repeat simple Bible verses.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Be a coach. Instill purpose by starting the day with encouraging words and regular quiet time.

MEAL TIME

Be a teacher. Establish values with intentional conversations while you eat together.

DRIVE TIME

Be a friend. Interpret life during informal conversation as you travel.

BED TIME

Be a counselor. Strengthen your relationship with heart conversations.



Elementary

MILESTONES

short-term goals that our kids can work toward at each phase in their spiritual development



K-1ST GRADE MILESTONES

At this age, we want children to develop a personal faith and personal sense of "awe" seeing God work in their lives. We know the best way to help them experience God in their lives is to help them develop spiritual disciplines that allow them to connect with Him and His Body, the church. Children in K-1st grade become better at reading and can now begin to develop lifelong spiritual disciplines such as daily Bible reading and prayer, regular confession and weekly communion. Encourage your kids to learn the order of the Books of the Bible and Psalm 23 by heart.

BOOKS OF THE BIBLE

PSALM 23



2ND - 3RD GRADE MILESTONES

At this age, we want kids to begin to have to have religious knowledge of their faith and to feel connected to the Body of Christ. Before they launch into their preteen years, we want each child to have learned Psalm 1 and the Creed so they are "like a tree planted" firmly in their faith. Encourage your kids to commit these to heart.

PSALM 1

THE CREED



4TH-5TH GRADE MILESTONES

As kids become focused more on what others think of them and what they have or don't have, it's vital that we help them cultivate an attitude of gratitude by knowing the Prayer of Thanksgiving by the time they leave elementary school. These preteen years and the upcoming teen years are filled with difficult choices and our kids don't always get it right. God always welcomes back repentant sinners and we want our kids to trust that no matter what they do they can always return to God. This is the perfect time to learn and understand Psalm 50 (51).

THANKSGIVING PRAYER

PSALM 50 (51)



Middle & High School

PHASE GUIDES

guides to teach spiritual principles to kids at every age



SIXTH GRADE

THE PHASE WHEN THERE'S NEVER ENOUGH GROCERIES, TOO MANY HORMONES, AND A DRAMATIC KID THAT NEEDS SOMEONE TO PROVE, "WHO CARES."

PROVE YOUR LOVE & TRUST

Sixth grade is a crisis. For many, this is the first year of middle school, which means an entirely new social context: lockers, health class, and questions about dating. Regardless of their particular school, every sixth grader has an increased social and self-awareness. When you consistently prove your love and trust through this sometimes-turbulent season, you help them gain stability. When they push, prove you can't be pushed away. When they change, prove you will love them consistently. When they break your trust, prove you are someone who can be trusted.

BUILD

THEIR CHURCH COMMUNITY & SPIRITUAL PRACTICES

Your sixth grader needs consistent, positive friends and mentors—now more than ever before. Encourage them to regularly attend Liturgy and Sunday School so they don't miss out on valuable opportunities to build friendships at church. Help them strengthen their church relationships and continue to engage them in conversations about faith at home. Talk to them about their quiet time and share your quiet time thoughts with them. Solidify the habit of daily prayer, Bible reading, weekly communion and regular confession.

ENGAGE

THEM IN LITURGY SO THEY LOVE GOD'S FAMLY

Encourage them to read the Sunday readings in advance. Have them follow along with the Liturgy on the screen or in a book. Challenge them to learn liturgical hymns and encourage them to ask questions if they don't understand something in the Liturgy. Encourage them to memorize the Prayer of Thanksgiving and Psalm 51.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

GOD MADE YOU, HE KNOWS YOU, AND HE LOVES YOU. THE WAY YOU LIVE CAN SHOW OTHERS WHO JESUS IS.

I AM FEARFULLY AND WONDERFULLY MADE. Psalm 139:14

WHAT CAN WE FOCUS OUR PRAYERS ON THIS WEEK? THAT'S A GREAT QUESTION. I DON'T KNOW, BUT WE CAN FIND OUT.

I HAVE QUESTIONS TOO. WHAT ARE OTHER THINGS YOU WONDER ABOUT?

HAVE YOU READ ANYTHING IN THE BIBLE THAT MEANS A LOT TO YOU NOW?

I SEE YOU'RE LEARNING ABOUT ... THIS MONTH. WHY IS THAT IMPORTANT? (Make sure you're receiving Sunday School communications to stay in the loop about Sunday School lessons and to continue the conversation all week long.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Instill purpose by starting the day with encouraging words.

MEAL TIME

Establish values with intentional conversations while you eat together.

DRIVE TIME

Interpret life during informal conversations as you travel.

BED TIME

Listen to their heart by staying available—just in case.

SEVENTH GRADE

THE PHASE WHEN NOTHING YOU DO IS COOL, WHAT THEY FEEL RIGHT NOW MATTERS MOST, AND ONE SUDDENLLY SOCIAL KID WANTS TO KNOW, "WHO'S GOING?"

DISCOVER TALENTS

SO THEY FIND THEIR PLACE IN THE BODY OF CHRIST

Your seventh grader is in a season of personal discovery. Not everyone makes the team. Interests and abilities change. Long-accepted values can come into question. On top of all that, this phase is a time of heightened self-awareness. When you consistently affirm them through this sometimesturbulent season, you help them gain stability. Help them discover their talents so they can find their place in the Body of Christ. Encourage them to volunteer at church and in the community. Talk about your faith and live it out daily through prayer—personal prayer and using the Book of Hours, Bible reading and discussion and acts of service. Teach them that their faith encompasses their whole life—not just Sundays.

ENCOURAGE QUESTIONS

SO THEY WILL OWN THEIR FAITH & VALUE A FAITH COMMUNITY

Your seventh grader may be asking some hard questions. Don't be shocked (at least not visibly). Doubt isn't toxic to your middle-schooler's faith; it's part of the process of personalizing what they believe. Make your home a safe place for them to ask questions and show interest in what they are learning. Encourage them to start or maintain healthy spiritual practices--daily prayer, Bible reading, regular attendance in Liturgy and Sunday School and regular confession. Encourage Sunday School and jump on opportunities for them to attend church retreats and activities as these are pivotal chances for them to build lasting friendships within their church community.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

GOD MADE YOU, HE KNOWS YOU, AND HE LOVES YOU. THE WAY YOU LIVE CAN SHOW OTHERS WHO JESUS IS. WHEN DO YOU FEEL CLOSEST TO GOD?

WHAT CAN WE FOCUS OUR PRAYERS ON THIS WEEK?

THAT'S A GREAT QUESTION. I DON'T KNOW, BUT WE CAN FIND OUT. I HAVE QUESTIONS TOO. WHAT ARE OTHER THINGS YOU WONDER ABOUT?

WHAT WOULD BE A FUN WAY WE COULD SERVE OTHERS TOGETHER? (Consider signing up to volunteer at church and / or for the next community service opportunity.)

TODAY'S MESSAGE AT THE WELL TAUGHT ME \dots HOW WAS THE WAVE? (Ask them to share what they learned from The Wave.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Instill purpose by starting the day with encouraging words.

MEAL TIME

Establish values with intentional conversations while you eat together.

DRIVE TIME

Interpret life during informal conversations as you travel.

BED TIME

Listen to their heart by staying available—just in case.

EIGHTH GRADE

THE PHASE WHEN IT'S COOL TO HAVE CHOICES, IT'S NOT COOL TO ANSWER QUESTIONS, AND ONE SMART KID WILL REMIND YOU, "YEAH...I KNOW."

GIVE CHOICES

SO THEY GAIN STABILITY

Your eighth grader is cool. No longer at the mercy of an uncontrollable emotional outburst, they are increasingly able to self-regulate their actions, emotions, and activities. But, this emerging sense of control creates a new kind of tension for your teenager to resolve. Whenever possible, give options so they have some freedom to choose. When you consistently affirm them through this sometimes-turbulent season, you help them gain stability. Eighth graders actually want to have adult conversations sometimes so be available.

DISCOVER TALENTS

SO THEY FIND THEIR PLACE IN THE BODY OF CHRIST

Help them explore their talents so they can find their place in the Body of Christ. Encourage them to volunteer in church and in the community. Talk about your faith and live it out daily through prayer—personal prayer and using the Book of Hours, Bible reading and discussion and acts of service. Teach them that their faith encompasses their whole life—not just Sundays.

CONNECT TO CHURCH

SO THEY WILL OWN THEIR FAITH & VALUE A CHURCH COMMUNITY

Your eighth grader wants to discover how faith applies to them, right now. Connect their Orthodox faith to their everyday world through conversations at home. Ask them about their Sunday School lesson and use those topics to springboard conversations about life-application. Check out Sunday School communications for resources to help you continue conversations at home. Encourage them to regularly attend Liturgy, Sunday School & church activities so they don't miss out on valuable opportunities to build friendships at church. At this phase when our teens may not always make the right choice, remind them to pray Psalm 51 and understand that they can always return to God. Encourage them to pray with the Book of Hours...

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

GOD MADE YOU, HE KNOWS YOU, AND HE LOVES YOU. THE WAY YOU LIVE CAN SHOW OTHERS WHO JESUS IS.

WHEN DO YOU FEEL CLOSEST TO GOD?
WHAT CAN WE FOCUS OUR PRAYERS ON THIS WEEK?
GOD WILL NEVER STOP LOVING YOU.

I HAVE QUESTIONS TOO. WHAT ARE OTHER THINGS YOU WONDER ABOUT?

TODAY'S MESSAGE AT THE WELL TAUGHT ME ... HOW WAS THE WAVE? (Ask them to share what they learned from The Wave.)

WHAT WOULD BE A FUN WAY WE COULD SERVE OTHERS TOGETHER? (Consider signing up to volunteer in church and/or the next community service opportunity.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Instill purpose by starting the day with encouraging words.

MEAL TIME

Establish values with intentional conversations while you eat together.

DRIVE TIME

Interpret life during informal conversations as you travel.

BED TIME

Listen to their heart by staying available—just in case.



NINTH GRADE

THE PHASE WHEN FRIENDSHIPS SHIFT, GRADES COUNT, AND INTERESTS CHANGE SO OFTEN YOUR TEENAGER HAS TO EXPLAIN, "THIS IS ME NOW."

REDISCOVER

WHO THEY ARE BECOMING

High school means higher stakes. Many freshmen spend this year redefining who they thought they were or what they thought their future would be. Pay attention. Ask questions. This is a significant year. Ninth grade means increased demands for personal responsibility. Grades begin to count toward future college admission. By the end of this year, your teenager will have a more stable sense of who they are. The greatest thing you can do in this phase is to continually rediscover who they are becoming and know where they are finding acceptance. Teach them that their faith encompasses their whole life—not just Sundays—and is an integral part of their identity. Talk about your faith and show them how you live it out daily. Continue to encourage regular spiritual practices—personal prayer, praying using the Book of Hours, Bible reading, confession and communion.

CONNECT TO CHURCH

SO THEY PURSUE AUTHENTIC FAITH & DISCOVER THEIR IDENTITY IN CHRIST

In this phase when your ninth grader is asking, "Where do I belong?" foster their connection to the church community. Your ninth grader will need consistent peers and leaders who will strengthen their relationship with God. So look for ways to prioritize their church connection. Encourage them to volunteer in church and in the community to discover their talents and identity in the Body of Christ. Stay engaged in their faith journey by having conversations at home. Check out Sunday School communications for resources to help you continue conversations at home. Encourage Liturgy & Sunday School attendance. Have them attend church activities, mission trips and retreats to put their faith into action and build lasting friendships.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

WHAT'S SOMETHING YOU FEEL LIKE GOD IS TEACHING YOU RIGHT NOW? WHEN DO YOU FEEL CLOSEST TO GOD?

LATELY, I'M FINDING I CONNECT BEST WITH GOD WHEN I'M ...

THERE'S NOTHING YOU COULD EVER DO THAT WOULD MAKE GOD STOP LOVING YOU.

WHEN YOU TOLD ME ABOUT ... IT MADE ME THINK OF WHEN JESUS...

WHAT WOULD BE A FUN WAY WE COULD SERVE OTHERS TOGETHER? (Sign up for the next community service event. Volunteer in church.)

TODAY'S MESSAGE AT THE WELL TAUGHT ME ... HOW WAS THE WAVE? (Ask them to share what they learned from The Wave.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Instill purpose by starting the day with encouraging words.

MEAL TIME

Connect regularly by scheduling time to eat together (even once a week).

THEIR TIME

Strengthen your relationship by adjusting your plans to show up when they need you.

BED TIME

TENTH GRADE

THE PHASE WHEN EVERYBODY ELSE CAN...
NOBODY ELSE HAS TO...AND YOUR RESOLUTE
TEEN WILL PUSH YOU TO ANSWER, "WHY
NOT?"

BE A GUIDE

AS THEY GROW IN INDEPENDENCE

Your tenth grader feels comfortable navigating the hallways of high school, and they are ready for more. Tenth graders are expanding their life experience. They will push the limits. They might even rebel a little—even though you never did. So guide them to clarify their values carefully. They still need you more than they will say. They still need boundaries but unless the boundaries make sense to them they won't stay within them. Just remember when you "debate" (loudly) boundaries with a tenth grader, stay in the present. They aren't challenging what you both want ten years from now, they just need you to understand what they need right now. Show them what it means to base their entire life on Christ, not just their Sunday mornings. Continue to encourage regular spiritual practices—personal prayer, prayer with the Book of Hours, Bible reading, confession and communion. Show them how their daily spiritual practices are a means of connecting with God for guidance to make big and little life decisions.

CONNECT TO CHURCH

SO THEY PURSUE AUTHENTIC FAITH & DISCOVER THEIR IDENTITY IN CHRIST

In this phase when your tenth grader is asking, "Why should I believe?" the best thing you can give them is a consistent faith community where they can process their doubts and strengthen their relationship with God. Stay engaged as they process their faith and continue having conversations at home. Check out Sunday School communications for resources to help you continue the conversations at home. Now that they've been volunteering for a few years, encourage them to identify their God-given spiritual gifts and to use them for His glory. This is the perfect age to recruit adult mentors into your teen's life who can speak truth into their lives and encourage them through these difficult years. Encourage them to regularly participate in Liturgy, Sunday School & church activities and retreats.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

WHAT'S SOMETHING YOU FEEL LIKE GOD IS TEACHING YOU RIGHT NOW?

WHEN DO YOU FEEL CLOSEST TO GOD? LATELY, I'M FINDING I CONNECT BEST WITH GOD WHEN I'M ...

THERE'S NOTHING YOU COULD EVER DO THAT WOULD MAKE GOD STOP LOVING YOU.

TODAY'S MESSAGE AT THE WELL TAUGHT ME ... HOW WAS THE WAVE? (Ask them what they learned in The Wave. Share your notes from The Well.)

ARE THERE WAYS YOU WOULD WANT TO SERVE IN OUR CHURCH OR COMMUNITY? (Encourage them to check out the next community service event and volunteer at church.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

Instill purpose by starting the day with encouraging words.

MEAL TIME

Connect regularly by scheduling time to eat together (even once a week).

THEIR TIME

Strengthen your relationship by adjusting your plans to show up when they need you.

BED TIME

ELEVENTH GRADE

THE PHASE WHEN THERE'S LESS DRAMA, MORE STRESS, AND YOUR VERY BUSY TEENAGER ANSWERS ALL YOUR QUESTIONS WITH, "JUST TRUST ME."

LET THEM PROVE THEMSELVES TO BE TRUSTWORTHY

Your eleventh grader is ready to live the life they feel they were born to live—and they don't want to wait to get started. Two years is too long! Your junior is ready to do something, right now. Listen and guide them through this stressful year. What they really want is for you to trust them. They will be out of the house soon and you'll have to trust them. Let this be a practice year for both of you. Help them prove the ways they can be trusted, choose your battles wisely, and parent them in areas that seem to be most challenging for them personally. Junior year is filled with pressure and navigating all of it is your junior's major accomplishment. Show them what it means to base their entire life on Christ. Continue to encourage regular prayer—both personal prayers and using the Book of Hours, Bible reading, confession and communion. Share how your spiritual practices have aided you in your life decisions. Share a time when your distance from God ended up in poor decision-making.

CONNECT TO CHURCH

SO THEY KEEP PURSUING AUTHENTIC FAITH & DISCOVER A PERSONAL MISSION

Your eleventh grader is asking, "How can I matter?" A church community can help them find significance by giving them opportunities to give, serve, and love others. Your eleventh grader will never get over seeing how God can work through them in meaningful ways. Stay engaged as they process their faith and continue having conversations at home. Encourage them to volunteer in church and in the community to discover their talents and identity in the Body of Christ. Check out Sunday School communications for resources to help you continue the conversations at home. Encourage Liturgy & Sunday School attendance. Have them attend church activities, mission trips and retreats to put their faith into action and build lasting friendships.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

HOW CAN I PRAY FOR YOU TODAY/THIS WEEK? WHAT DO YOU THINK ABOUT CHURCH?

WHEN DO YOU FEEL CLOSEST TO GOD? LATELY, I'M FINDING I CONNECT BEST WITH GOD WHEN I'M ...

THERE'S NOTHING YOU COULD EVER DO THAT WOULD MAKE GOD STOP LOVING YOU.

ARE THERE WAYS YOU WOULD WANT TO SERVE IN OUR CHURCH OR COMMUNITY? (Encourage them to check out the next community service event and volunteer in church.)

TODAY'S MESSAGE AT THE WELL TAUGHT ME \dots HOW WAS THE WAVE? (Ask them to share what they learned from The Wave.)

Impress them [the commands of the Lord] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Deuteronomy 6:7

MORNING TIME

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MEAL TIME

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THEIR TIME

Strengthen your relationship by adjusting your plans to show up when they need you.

BED TIME

TWELFTH GRADE

THE PHASE WHEN YOUR EMERGING ADULT PULLS AWAY, GETS CLOSER, DOES THINGS FOR THE LAST TIME, AND YOU BOTH START ASKING, "WHAT'S NEXT?"

PREPARE THEM FOR INDEPENDENCE

Graduation is a crisis—for both of you. Sure, it's exciting. It's a huge accomplishment. But something is about to change, and there's a good chance you aren't convinced they're ready. They might not be. And whether they seem to show it or not, your senior is probably just as concerned about that as you. You will probably feel urgency in these last 52 weeks. As a senior takes on more responsibility, they may also lean in relationally. They discover—especially late in the year—they need you a little bit more than they thought. All of a sudden, the decisions they face have very high stakes. You mobilize their potential when you help them prepare, as best as possible, for what's coming. Help them solidify their ability to make decisions based on their identity in Christ. Share your daily mediations with them and ask them to do the same. Encourage consistent spiritual practices.

CONNECT TO CHURCH

SO THEY KEEP PURSUING AUTHENTIC FAITH & DISCOVER A PERSONAL MISSION

Your senior may be preparing to transition—not only out of their school and your home, but also potentially out of your church. When you talk with your senior about what's next for them, include conversations about how they will find and serve in a church community near their college. Stay engaged as they process their faith and continue having conversations at home. Encourage them to volunteer in church and in the community to discover their talents and identity in the Body of Christ. Check out Sunday School communications for resources to help you continue the conversations at home. Encourage Liturgy & Sunday School attendance. Have them attend church activities, mission trips and retreats to put their faith into action and build lasting friendships.

MAKE THE MOST OF EVERYDAY MOMENTS

SAY THINGS LIKE ...

HOW CAN I PRAY FOR YOU TODAY/THIS WEEK?
WHAT DO YOU LIKE ABOUT CHURCH?
WHEN DO YOU FEEL CLOSEST TO GOD?
LATELY, I'M FINDING I CONNECT BEST WITH GOD WHEN I'M ...

THERE'S NOTHING YOU COULD EVER DO THAT WOULD MAKE GOD STOP LOVING YOU.

ARE THERE WAYS YOU WOULD WANT TO SERVE IN OUR CHURCH OR COMMUNITY? (Encourage them to check out the next community service event and volunteer in church.)

TODAY'S MESSAGE AT THE WELL TAUGHT ME ... HOW WAS THE WAVE? (Ask them to share what they learned from The Wave.)

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BED TIME



Middle & High School

MILESTONES

short-term goals that our kids can work toward at each phase in their spiritual development



MIDDLE & HIGH SCHOOL MILESTONES

Before our teens head out into the world, we want to encourage them to know and own their Orthodox faith. As such, we want them to live out our core values in a variety of ways over the course of their middle & high school years.

PASSIONATE PURSUIT OF GOD & AUTHENTIC COMMUNITY

Daily time with God
Weekly Communion
Quarterly Confession
Regular Sunday School
Attend Retreat(s)

PERSONAL CALL TO EVANGELISM

Invite others to church Join a Mission Trip

FAITHFUL STEWARDSHIP OF TALENTS & GIFTS

Volunteer in Church

GENUINE LOVE FOR COMMUNITY

Volunteer in the Community