



The Well

an ordinary place
where extraordinary
things happen

STSA.CHURCH/THEWELL



HAPPY - PART 1

POOR IN SPIRIT

“These things I have spoken to you, that My joy may remain in you, and that your joy may be full.” John 15:11

“Ho! Everyone who thirsts, come to the waters; and you who have no money, come, buy and eat. Yes, come, buy wine and milk without money and without price. Why do you spend money for what is not bread, and your wages for what does not satisfy? Listen carefully to Me, and eat what is good, and let your soul delight itself in abundance.” Isaiah 55:1–2

“Blessed (happy) are the POOR IN SPIRIT, for theirs is the kingdom of heaven.” Matthew 5:

“I can of Myself do nothing.” John 5: 0

1. HUMBLY _____ I NEED HELP

“God resists the proud, but gives grace to the humble.” James 4:6

2. HUMBLY _____ GOD FOR HELP

“For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life. Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead, who delivered us from so great a death, and does deliver us; in whom we trust that He will still deliver us.” 2 Corinthians 1:8–10

“Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting ALL your care upon Him, for He cares for you.” 1 Peter 5:6–7

. HUMBLY _____ HELP FROM OTHERS

“so we, being many, are one body in Christ, and individually members of one another.” Romans 12:5

“Confess your trespasses to one another, and pray for one another, that you may be healed.” James 5:16

BLESSED ARE THOSE WHO MOURN

**“Blessed (happy) are those who mourn,
for they shall be comforted.” Matthew 5:4**

My path to happy: _____ the pain

God’s path to happy: _____ it

“For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do... For the good that I will to do, I do not do; but the evil I will not to do, that I practice.” Romans 7:15, 19

“As a dog returns to his own vomit, so a fool repeats his folly.” Proverbs 26:11

PAUL’S THORN IN THE FLESH

“He [Paul] is a chosen vessel of Mine to bear My name before Gentiles, kings, and the children of Israel. For I will show him how many things he must suffer for My name’s sake.” Acts 9:15–16

“And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ’s sake. For when I am weak, then I am strong.” 2 Corinthians 12:7–10

GIVEN FOR A _____

RECEIVED AS A _____

UNLEASHES GOD’S _____

***True faith means knowing when to **STOP** praying,
just as much as when to persist.***

BLESSED ARE THE PURE IN HEART

**“Blessed are the pure in heart,
for they shall see God.” Matthew 5:8**

Purity is not the same as perfection.

“Are you also still without understanding? Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? But those things which proceed out of the mouth come from the heart, and they defile a man. For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. These are the things which defile a man, but to eat with unwashed hands does not defile a man.” Matthew 15:16–20

“Keep your heart with all diligence, for out of it spring the issues of life.”
Proverbs 4:23

“Lord, who may abide in Your tabernacle? Who may dwell in Your holy hill?
He who walks uprightly, and works righteousness, and speaks the truth in
his heart.” Psalm 15:1–2

I. _____ MY HEART WITH BRUTAL HONESTY

“TIME IN” erodes “AWARENESS OF”

(words) Complaining & Criticizing

(attitudes) Cynical & Critical

(actions) Compromising

(intentions) Why did I do this...really?

“Truly God is good to Israel, to such as are pure in heart. But as for me, my feet had almost stumbled; my steps had nearly slipped. For I was envious of the boastful, when I saw the prosperity of the wicked...” Psalm 73:1–3

2. _____ **IT TO ANOTHER PERSON**

“Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up... Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken.” Ecclesiastes 4:9–12

. _____ **YOURSELF IN THE LORD**

“Delight yourself also in the Lord, and He shall give you the desires of your heart.” Psalm 37:4

***“You have made us for yourself,
O Lord, and our heart is restless until it rests in you.”
Augustine of Hippo***

BLESSED ARE THE MERCIFUL

**“Blessed are the merciful,
for they shall obtain mercy.” Matthew 5:7**

See Matthew 18 - Parable of the Unforgiving Servant

LESSON I: THE MOST FORGIVEN SHOULD BE THE MOST _____

“...put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.” Colossians 3:12–13

“Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.” Ephesians 4:31–32

For MY sin, I want _____ .

For YOUR sin, I want _____ .

“For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.” Matthew 6:14–15

“...because judgment without mercy will be shown to anyone who has not been merciful.” James 2:13

LESSON 2: UNFORGIVENESS LEADS TO _____ .

“And his master was angry, and delivered him to the torturers until he should pay all that was due to him.” Matthew 18:34

“As long as we are unable to forgive we keep ourselves chained to the unforgiving. We give them rent free space in our mind, emotional shackles in our heart, and the right to torment us in the wee hours of the night.”

THE PROCESS OF FORGIVENESS:

1) Taste God's mercy

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” 1 John 1:9

2) _____ your hurt

3) Release your _____

4) Ready to forgive again

***“Lord, how often shall my brother sin against me, and I forgive him?
Up to seven times?” Jesus said to him, “I do not say to you, up to
seven times, but up to seventy times seven.”
Matthew 18:21-22***

BLESSED ARE THE PEACEMAKERS

**“Blessed are the peacemakers, for they shall
be called sons of God.” Matthew 5:9**

My role in the kingdom =

_____ ε _____

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation. Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ’s behalf, be reconciled to God.”
2 Corinthians 5:17–20

God sent His Son (Jesus) to make peace between God and man.

God is sending his son (me) to make peace between man and God.

“And I thank Christ Jesus our Lord who has enabled me, because He counted me faithful, putting me into the ministry.” 1 Timothy 1:12

“But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.” Acts 1:8

The job of a witness is to _____ .

“But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear.” 1 Peter 3:15

“A time is coming when men will go mad, and when they see someone who is not mad, they will attack him, saying, ‘You are mad; you are not like us.’” St. Anthony the Great

What’s your story?

Follow the _____ model

“He answered and said, “Whether He is a sinner or not I do not know. One thing I know: that though I was blind, now I see.” John 9:25

“Therefore whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven.”

Matthew 10: 2-